

Parenting Patterns for Early Childhood

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Abstract

Parenting can be interpreted as a model in educating, caring for, and caring for children so that they grow into independent individuals. This study aims to examine how parenting affects the development of early childhood. The research method uses the Systematic Literature Review (SLR) approach with PRISMA, which is carried out systematically by tracing related journals. The results of the study indicate that parenting has a significant influence on the formation of attitudes, traits, and emotional development of children. Parenting that is applied consistently will help children build good character and social skills. Thus, parents have an important role in shaping children's personalities from an early age through appropriate parenting, to support optimal child development in the future.

Keywords: Parenting Patterns; Early Childhood.

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INTRODUCTION

In today's digital era, parenting has become an increasingly popular topic of discussion among young mothers. Many online influencers and psychologists share their insights on early childhood parenting, making parents more open to various parenting methods. The interaction between parents and children in everyday life is the core of parenting, where parents act as educators, guides, protectors, and disciplinarians for their children.(T. Gultom et al., 2023; Nazrah et al., 2022; Siregar & Khairuddin, 2022).

Parenting patterns can be interpreted as a model for educating children so that they grow into independent individuals and are able to face life independently.(Kurniati et al., 2019; Rizky & Dalimunthe, 2023). Parenting patterns are consistent and repeated over time, forming the basis for the development of a child's character and personality. The example given by parents greatly influences a child's development, because children tend to imitate the behavior they see from their parents. Therefore, the attitudes and actions of parents play an important role in shaping a child's personality and morals.(Caniago & Wahyuni, 2022; Nasution, 2016).

Although many parents realize the importance of educating their children well, many still do not understand their fundamental role in parenting. Some parents only focus on fulfilling their children's physical and academic needs, but pay little attention to their emotional and social aspects. As a result, many children experience developmental problems, both in terms of self-confidence, discipline, and social interaction.(Pandia et al., 2011; Situngkir et al., 2022).

Therefore, it is important for parents to understand that parenting is not just about providing basic needs for children, but also building healthy emotional relationships, providing good role models, and creating an environment that supports optimal child growth and development. With the right parenting, children will grow into individuals who are confident, disciplined, and have good social skills.(T. Gultom et al., 2023; Nazrah et al., 2022; Ulfa, 2013).

Parenting is an approach used by parents in educating, guiding and controlling children's behavior in order to form character and moral values that will help children adapt to their surroundings.(Rahmadiyah & Purba, 2023; Sabaria R et al., 2019). Effectively applied parenting patterns greatly influence the social and emotional development of children, especially at an early age. Therefore, parents' understanding of the right parenting methods is an important factor in children's growth and development.

This study aims to analyze how parenting patterns affect early childhood development. In this study, various relevant journals were reviewed to obtain accurate data. Parenting patterns reflect parents' methods in guiding children continuously with the aim of building personality and positive values that will be useful in children's social lives.

To strengthen the research results, a study was conducted on various literatures that discuss parenting patterns for early childhood. This study aims to provide deeper insight for parents in implementing parenting patterns that can support optimal child development.

In the digital era, parenting patterns are becoming increasingly complex with the influence of technology and information that is widely spread through social media. Parents now do not only rely on personal experience or family traditions in educating children, but also gain insight from various sources, such as parenting influencers and child psychologists who actively share information online.(Nasrul, 2023). Studies show that parenting patterns implemented by parents have a significant impact on children's social and emotional development, especially in shaping character and the ability to adapt to the environment.(Saripah, 2014). One important aspect in parenting is consistency in providing guidance and role models for children, because children tend to imitate the behavior of their parents as the main model in their lives.(Syamsiah et al., 2023). However, there are still many parents who only focus on fulfilling their children's physical and academic needs, without paying attention to their emotional and social development. This can cause children to have difficulty in building self-confidence, discipline, and the ability to interact with their social environment.(Amelindha & Pratama, 2025). Therefore, research on parenting patterns is important to provide deeper insight into how the right approach can help children develop optimally in various aspects of life.(Adawiah, 2017).

This study focuses on how parenting patterns affect early childhood development. To ensure that the focus of the study remains focused, the subject of this study is the parenting patterns applied by parents to early childhood. Parenting patterns are behavioral patterns that are instilled in children gradually, both in the form of positive and negative behavior.(Fella et al., 2019; RH Gultom et al., 2022).

Parenting patterns in each family can vary, depending on the values, culture, and experience of parents in raising children. However, parenting patterns are always rooted in the interaction between parents and children and how parents shape children's habits and characters from an early age. Therefore, understanding the right parenting patterns is an important factor in supporting children's emotional, social, and intellectual development.

RESEARCH METHODS

Meta-analysis is a research method that combines empirical data from various previous studies to obtain more accurate and comprehensive conclusions. This research was conducted through a literature review by analyzing articles related to consumer and customer satisfaction. Keywords such as satisfaction, consumers, and customers were used in searching for articles through the Google Scholar, ResearchGate, and Google Scholar databases.

In order for the research results to be more valid, only articles published in the last eight years (2019–2024) were considered. The Systematic Literature Review (SLR) method was applied with the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) approach, which was carried out systematically and followed clear stages.

The systematic review process includes evaluating, categorizing, and classifying relevant evidence and theories. The articles analyzed were academic publications that support the understanding of customer satisfaction based on existing theories. After selection, twelve research journals with similar themes were excluded from the analysis to ensure the uniqueness of the data used in this study.

Data analysis techniques are carried out when all data has been collected, so that the collected data provides research results. The following are the stages of data analysis carried out.

RESULTS AND DISCUSSION

The results of the study showed that parenting patterns have a significant impact on the development of early childhood. There are three main types of parenting patterns that are often applied, namely authoritarian, democratic, and permissive parenting patterns. Parenting patterns reflect how parents treat children in educating, guiding, and disciplining them to achieve maturity and the norms expected by society.(Harahap et al., 2022; Ilyas et al., 2022).

Early childhood is known as the golden period of development, where children are very sensitive to their surroundings. The right stimulus at this time is very important to optimize children's development in various aspects, both cognitive, emotional, and social. Therefore, the role of adults, especially parents, is very important in helping children through this stage of development.

Authoritarian parenting tends to implement strict and absolute rules, with little room for children to express their opinions. Parents who implement this pattern often demand compliance without giving children much explanation or freedom. In contrast, democratic parenting is more balanced, where parents remain firm but also give children the opportunity to express their opinions. Children raised with this pattern tend to be more independent and have good social skills. Meanwhile, permissive parenting gives children greater freedom without many restrictions or control from parents. Children who grow up with this pattern tend to have lower self-control because of the lack of rules applied in the family.

By understanding the impact of each parenting style, parents can choose the most appropriate approach so that children can develop optimally in intellectual, social, and emotional aspects.

Parenting plays an important role in shaping children's character from an early age. The way parents educate and treat their children will have a significant impact on their character

development. Children cannot grow and develop optimally without parental guidance. Therefore, parents have a great responsibility in educating children to become a superior generation with potential in the future.

One of the parenting styles that is considered most effective in building a child's character is authoritative parenting. This parenting style combines firm control with warmth and good communication between parents and children. Children who are raised with this style tend to grow into independent, responsible individuals with good social skills.

Several factors influence the parenting patterns applied by parents, including education, knowledge, income, and nutritional status. Parents with higher levels of education generally have a better understanding of appropriate parenting patterns. They tend to be more aware of the importance of stimulating child development and are better able to provide a conducive environment for child growth. Conversely, parents with lower levels of education may have limitations in understanding how to educate children optimally.

In addition, economic factors also affect parenting patterns. Families with high incomes tend to be more able to provide facilities that support children's growth and development, such as quality education, good nutrition, and a safe environment. Conversely, families with low incomes may have limitations in providing optimal attention and facilities for their children. Therefore, understanding these factors is important for parents in implementing the best parenting patterns for their children.

Based on the analysis of various journals that have been reviewed, research shows that parenting patterns have a very important role in shaping the character and personality of early childhood. The parenting patterns applied will affect the social, emotional, and independence development of children. This is in line with research conducted by (Lestari, 2019), who found that the majority of parents in Kindergartens in Cileunyi District applied democratic parenting patterns. Of the 210 parents sampled, 185 (88.1%) used democratic parenting patterns, and the results showed that their children had the attitude of "Already Capable of Being Alone" (SMS) with the same percentage, namely 88.1%.

This study uses a non-parametric statistical analysis method with the help of SPSS Software version 20. The results of the correlation test with the Spearman Product Moment method showed a correlation coefficient of 0.855 at a significance level of 0.05. This value indicates that there is a very high relationship between parenting patterns and early childhood independence. Furthermore, this study found that parenting patterns contributed 73.1% to the level of child independence.

From the results of this study, it can be concluded that democratic parenting plays a very important role in increasing the independence of early childhood. This parenting pattern provides a balance between parental guidance and the freedom of children to make their own decisions, so that children are more confident in carrying out various daily activities. This finding underlines the importance of choosing the right parenting pattern in supporting children's development to become independent individuals and ready to face challenges in the future. Therefore, parents are expected to increasingly understand the importance of the parenting pattern applied, because it will have a direct impact on the development of character and independence of children from an early age.

The results of the study show that parenting patterns applied by parents have a major influence on child development, especially in terms of emotional and social intelligence. This is also in line with research conducted by (Sari et al., 2022), which states that parenting patterns significantly influence children's emotional intelligence. Parents with higher levels of education, occupation, and age tend to apply parenting patterns that are in accordance with the standards of children's emotional intelligence development. Conversely, parents with lower levels of education often apply parenting patterns based on experience or habits that do not necessarily support optimal child emotional development.

Another study conducted by (Solihah et al., 2020) at TK Mujahidin Pontianak also strengthens this finding. The test results show that parenting patterns affect the social-emotional development

of children aged 5-6 years with a determination value (R Square) of 0.449 or 44%. This means that almost half of the child's social-emotional development is influenced by parenting patterns, while the rest is influenced by other factors such as the child's health, emotional condition, and the child's family and residential environment.

Parenting patterns greatly influence children's social-emotional development because the family is the first environment that shapes their personality. The way parents provide control, attention, and establish moral values will determine how children adapt to their social environment. Therefore, in order for children's social-emotional development to take place optimally, parents must apply the right parenting pattern according to the child's needs.

In TK Mujahidin Pontianak, the results of the study showed that parents apply various types of parenting patterns, namely democratic, permissive, and authoritarian. Democratic parenting is generally more effective in supporting child development because it provides a balance between guidance and freedom. Children who are raised with democratic parenting tend to be more independent, confident, and have good emotional control. Conversely, authoritarian parenting that is too strict can limit children's expression and hinder their emotional development, while permissive parenting that is too loose can cause children to be less disciplined and less able to understand social boundaries.

Early childhood, namely children under the age of six, is known as the golden age in their development. During this period, children experience very rapid growth in cognitive, social, and emotional aspects. Therefore, the parenting patterns applied by parents greatly influence their behavior. Parenting patterns not only function as a means to guide children, but also as a medium to teach self-control, introduce the outside world, and instill social norms and gender roles.

Thus, parents have a big responsibility in ensuring that children receive parenting that suits their needs. The right parenting will help children grow into independent individuals, have good emotional intelligence, and are able to adapt to their social environment. Therefore, understanding effective parenting is very important so that children can develop optimally and be ready to face challenges in the future.

CONCLUSION

The success of children is highly dependent on the parenting style of parents. Parents are the main source of education and guidance for children so that they can grow and develop optimally. To achieve this, parents must understand the types of parenting styles that can be applied to their children and allow their children to grow and develop happily with the parenting style they use. Parenting style is the way parents interact with their children. Wrong parenting can cause children to experience unwanted situations. Several things usually affect the way parents treat their young children. According to research results collected from various articles, parenting styles of early childhood affect future success. (Ayun, 2017) states that the way parents raise their children shapes their personality after they are adults. This is due to the fact that the nature and components of an adult's character have actually been planted in their souls long before they become children. This means that the way parents treat their children when they are young will have an impact on their social and moral development when they are adults. So it can be concluded that the parenting pattern given by parents will affect an individual's personality. The parenting pattern that is instilled in someone from an early age makes them follow the pattern of their parents. Good parents teach children the norms of society, while bad parents teach children less about the norms of society. Suggestions are addressed to subsequent authors to access more relevant research in finding sources, especially those in foreign languages or those published in paid journals. Furthermore, provide an explanation of the research methodology from experts so that the writing of the research is more credible. In addition, researchers also expect parents to be able to have good parenting patterns

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